

# Krill Oil

## A Superior Source of Omega-3's And Synergists

Omega-3 fatty acids have gained a well-deserved reputation as a primary support supplement. The most commonly available forms come from fish rich in these fatty acids like tuna, salmon, etc.



But there is a more advanced source of these essential nutrients that is rich not only in omega-3 fatty acids but also rich in other vitally important extracts that will help support multiple body functions.

That advanced source is Antarctic Krill Oil. What's the difference with Antarctic Krill Oil and other fish oils? The difference is in the co-factors. All good fish oils contain **EPA** (Eicosapentaenoic Acid) and **DHA** (Docosahexaenoic Acid) the 2 main omega-3 fatty acids of fish oils. These essential fatty acids have been used to supply maximal support for reduction of triglyceride levels, reduction of cholesterol levels, support for proper brain and nerve function and proper heart and cardio-vascular system function. That's right- omega-3's aren't just for cholesterol level control support.

In Krill Oil, EPA and DHA are more bioavailable than in fish oils due to the way it is bound. In fish oil it is in triglyceride form. In Krill Oil it is a double phospholipid chain. This makes it more like the EPA and DHA found in the human body. This also makes it more absorbable by a wide margin over fish oils.

What standard omega-3 oils don't contain or contain in much smaller amounts are nutrients like the following:

**Astaxanthin**- An extremely potent carotenoid anti-oxidant. Important in maintaining the health of the cardio-vascular system, brain health, nerve health, eye health, etc. Astaxanthin has also been reported to be an important support supplement in preventing sunburn damage, and to have anti-inflammatory properties.

**Phospholipids**- Phosphatidylcholine is the main phospholipid in Krill Oil. This is an essential phospholipid. The choline portion is a vital nutrient in brain and nerve health and function, being a precursor for brain and nerve cell components as well as neurotransmitters involved in muscular control, memory, vision, etc. It is also an important component of human cell membranes.

Krill Oil is packaged in 60 Softgel bottles.

***Biochemist Designed – Physician Approved!***

**Phone 800-630-4534 (614-794-1594) Fax 800-630-4504 (614-386-9804)**

**Rocky Fork Formulas, Inc.**

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## Supplement Facts

Serving size: 1 softgel  
Servings per container: 60

Amount Per Softgel		%DV
Total Calories	5.58 Cal.	
Total Fat	500.00 mg	1
Saturated Fat	140.00 mg	<1
Trans Fat	0.00 mg	*
Unsaturated Fat	360.00 mg	*
Monosaturated Fat	80.00 mg	*
Polyunsaturated Fat	280.00 mg	*
Cholesterol	0.00 mg	0
Total Carbohydrate	105.44 mg	<1
Protein	164.85 mg	<1
Krill Oil	500 mg	*
Astaxanthin	750 mcg	*
Omega-3 Fatty Acids	150 mg	*
EPA	75 mg	*
DHA	45 mg	*
Phospholipids	210 mg	*

\* RDA has not been established  
Percent Daily Values (%DV) are based  
on a 2000 Calorie per day diet

### Also Contains:

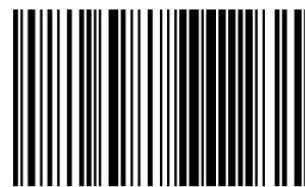
Gelatin, Glycerin, polyglycitol syrup, purified water,  
annatto extract, turmeric powder

### Recommendation:

One softgel per day or as otherwise directed

### Distributed by:

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www.rockyforkformulas.com



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**Krill Oil** is designed to provide maximum nutritional support for maintenance of circulatory, skin, brain, nerve, and eye health

### Suggested Use Directions:

One softgel as needed or as otherwise directed by a health care professional

Some of Rocky Fork Formulas, Inc. synergists for this formula are:

Co-Enzyme Q10 (sublingual tablets or softgels), Liver Complex, Univase or Univase Forte, Vasculase, Vitamin B12 Lozenge, Vitamin B15

**THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCT ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE**